# CHRISTIAN COUNSELING PROGRAMS CERTIFICATE IN COUNSELING

It is the intent of Central Christian University of S.C., Inc. to provide counseling education for all levels of counseling abilities from doctorate-level education to lay counseling education. For that purpose, Central Christian University of S.C., Inc. has developed a Counseling Certificate Program format designed to give marginally adequate knowledge to lay counselors or to pastors who have been counseling for many years without structured education.

While these programs may provide marginal abilities for lay counselors and pastors, this program is sufficiently designed to catapult the individual toward the full Bachelor's counseling Program. This Counseling Certificate Program allows the individual to gain educational experience from both the Certificate and the Bachelor's level programs.

The general purpose of the Counseling Certificate Program is to provide an immediate educational experience for lay counselors who have no real educational experience. It is also designed to give an already-practicing pastor with minimal education in the practice of counseling. The individual who completes this program is very strongly encouraged to continue education – if he/she wishes to continue in the counseling profession – whether that practical experience is in the pastoral arena or in lay counseling. Any lay counselor who is serious about helping people in the counseling environment should obtain the highest level of education possible to be able to help people. There is no excuse for not having an education. Experience alone is not a good indicator of success in counseling. A valid and very well-rounded education must also accompany the counseling experience. Ultimately, the purpose of the Certificate Counseling Program is to give the lay counselor or the pastoral counselor the "jump start" that they need toward a complete and viable education.

## PREREQUISITES FOR PROGRAM ENTRY

In order for an individual to enter a Counseling Certificate Program, certain prerequisites must be fulfilled. Any of the prerequisites below will qualify an individual for entry into the Counseling Certificate Program. All interested individuals should apply for this program. Exceptions are made to the first four rules on a regular basis depending on the content of the interview process.

- 1. Proof of a minimum of five (5) years of full-time ministry as a pastor or an associate pastor.
- 2. A letter of recommendation from a pastor or an associate pastor on church letterhead recommending the individual for the Counseling Certificate Program for purposes of lay counseling ministry.
- 3. Exceptions to the above criteria will be considered on a case-by-case basis if the individual requesting entrance to the program contacts the leadership of Central Christian University of S.C., Inc.

Additional stipulations will be placed on any individual who is allowed to enter the program under alternative conditions.

#### SUPERVISION DURING AND AFTER PROGRAM COMPLETION

Since the Counseling Certificate Programs are not complete educational experiences, the student is strongly encouraged to continue practicing only under supervision until they have acquired additional coursework that would allow them a broader scope of practice. Central Christian University of S.C., Inc. will enquire about the level of supervision that each student is practicing under and will examine each case individually.

\*The 30 credit hours diploma program from CCU of SC is weighted as an entry document to be considered as an exception that is relevant to the individual's case by case interview.

#### SPECIFIC CERTIFICATE PROGRAMS

There are no elective courses in any of the Counseling Certificate Programs. All courses are required. Credits received from each course are applicable to a full degree program, should the student decide to engage in a full degree program. Each one of the Counseling Certificate Programs includes seven (7) courses for a total of 21 credit hours.

Central Christian University of S.C., Inc. along with N.C.C.A offers three (3) distinct Counseling Certificate Programs:

Phase I, Phase II, and Phase III Programs

## PROGRAM 1 CERTIFICATION (DIPLOMA) PHASE I

### Procedures and Requirements

- 1. Must be a born-again Christian.
- 2. High school diploma or GED
- 3. A call to serve God through counseling.
- 4. Each student must complete the following courses:

#### Core Curriculum:

- 21 Credit Hours in Counseling
- 6 Credit Hours in Bible Studies
- 3 Credit Hours in Theology Studies- Total: 30 Credit Hours

## Certification (Diploma) Phase I

## Core Curriculum:

- 21 Credit Hours in Counseling
  - 6 Credit Hours in Bible Studies
  - 3 Credit Hours in Theology Studies

Course Name	Prefix	Number	Core Curriculum and Credits
Ger	ieral Sti	dies	MALES HAVE NOTED IN
Christian Psychology: Created in God's Image	PSY	100	Counseling Courses 3 Credit Hours
Creation Therapy I	PSY	102-1	Counseling Courses 3 Credit Hours
Creation Therapy II	PSY	102-2	Counseling Courses 3 Credit Hours
Basic Christian Counseling	PSY	101	Counseling Courses 3 Credit Hours
Temperament Therapy	PSY	102	Counseling Courses 3 Credit Hours
Christian Counseling Integrating Temperament and Psychology	PSY	105	Counseling Courses 3 Credit Hours
Complete a Practicum	PSY	138	Counseling Courses 3 Credit Hours

Students must complete 21 hours in Counseling Courses.

Bible, Theology, and Religious Studies				
The Life of Christ	BI NT	302	Bible/Theo/Rel 3 Credit Hours	
Basic Christian Ethics	ТН	454	Bible/Theo/Rel 3 Credit Hours	
Old Testament Survey	ВІ ОТ	101	Bible/Theo/Rel 3 Credit Hours	

Students must complete 9 credit hours of Bible, Theology, or Religious courses listed above.

This curriculum consists of administering the A.P.S. to 10 individuals under the direction of an assigned and approved clinical supervisor.

- 1. Written responses to 50 ethical questions posed by the N.C.C.A.'s Licensing Board of Examiners.
- 2. Signed a copy of the Code of Ethical Standards.
- 3. Upon completion of phase 1 requirements and review and acceptance by the Board, the student will qualify to receive:
  - A. A Certified Temperament Counselor Certificate
  - B. Diploma of Christian Counseling

Note: 4. Because CCU of SC is a school of religion, to receive a degree with the CCU of SC symbol embellished on the degree, we are obligated to ensure that the students have acquired a basic foundation in Christian Education.

The final mandate for awarding of degrees in Christian Counseling Programs are managed/determined by N.C.C.A requisites.

## PROGRAM 2: ASSOCIATE DEGREE IN CHRISTIAN COUNSELING PHASE II

## Objectives:

- 1. To prepare students for entry-level careers in Christian Counseling ministry.
- 2. To prepare students for a Christ-centered Christian Counseling ministry as pastors and ministers.
- 3. To give the students a sound knowledge of the word of God and worship.
- 4. To prepare students with the proper foundation for continued education and professional study.
- 5. To prepare students with meaningful internships for practical application and skill development.
- 6. To enhance communication skills: reading, writing, speaking, and critical thinking.
- 7. To prepare students to know themselves and others as they individually utilize the concept of temperament.

## Student Learning Outcomes:

- 1. Demonstrate knowledge of basic concepts in the Old and New Testaments.
- 2. Describe church polity and administrative and effective leadership duties within the Protestant church.
- 3. Research and create critical and analytical writings on topics, themes and genres.
- 4. Demonstrate an understanding of Christian ethics, evolution, and application of moral standards when engaging in making Christian ethical decisions.
- 5. Demonstrate an understanding of the practical application of major program content.
- 6. Explain the importance of intense spiritual, cognitive, and ethical theories and preparation for effective teaching, preaching, expectation between pastor and congregation/individuals, and the basic principles of undergirding Christian Pastoral Care and Counseling.
- 7. Recommend or not recommend further counseling services beyond his or her skill set.
- 8. Upon completion of Phase II requirements, a review with the Counseling Review Board and Acceptance, the student will qualify to receive:
- A. Certified Pastoral Counselor Certificate and Associate Degree of Pastoral Counseling if she/he is an ordained Clergy.
- B. Certified Christian Counselor Certificate and Associate Degree of Christian Counseling if he/she is not an ordained Clergy.

## Associate Degree in Christian Counseling Phase II

Core Curriculum:

18 Credit Hours in Bible/Theology Studies

15 Credit Hours in General Studies

Total- 69 Credit Hours

30 Credit Hours in Counseling 6 hours at Director's Advisement

Course Name	Prefix	Number	Core Curriculum and Credits
	General Studies		
General Mathematics	GE	104-3	General Studies 3 Credit Hours
English Composition	ENG	101	General Studies 3 Credit Hours
Introduction to Computer	СР	103	General Studies 3 Credit Hours
Music Appreciation or Art Appreciation	GE MU or GE ART	101 102	General Studies 3 Credit Hours
Created in God's Image	PSY	100	General Studies 3 Credit Hours

Students must complete a minimum of 15 hours of general studies courses listed above.

Couns	eling Studie	S	
Creation Therapy I	PSY	102-1	Counseling 3 Credit Hours
Creation Therapy II	PSY	102-2	Counseling 3 Credit Hours
Basic Christian Counseling	PSY	101	Counseling 3 Credit Hours
Temperament Therapy	PSY	102	Counseling 3 Credit Hours
Testing Measurement	PSY	103	Counseling 3 Credit Hours
Christian Counseling Integrating Temperament and Psychology	PSY	105	Counseling 3 Credit Hours
Mastering Pastoral Counseling Utilizing Temperament	PSY	106	Counseling 3 Credit Hours
Temperament Case Studies	PSY	107	Counseling 3 Credit Hours
Counseling the Codependent	PSY	108	Counseling 3 Credit Hours
Complete a Practicum	PSY	138	Counseling 3 Credit Hours

Students must complete 30 hours in Counseling Courses.

Bible, Theology, and Religious Studies				
The Life of Christ	BI NT	302	Bible/Theo/Rel 3 Credit Hours	
Basic Christian Ethics	TH	454	Bible/Theo/Rel 3 Credit Hours	
Old Testament Survey	BI OT	101	Bible/Theo/Rel 3 Credit Hours	

Great Doctrine I	TH	301-1	Bible/Theo/Rel 3 Credit Hours
The Church in the New Testament	TH	401	Bible/Theo/Rel 3 Credit Hours
Evangelism	CE	402	Bible/Theo/Rel 3 Credit Hours
Students must complete 18 credit hours of E	Bible, Theology,	or Religion o	courses listed above.

## **Bachelors in Christian Counseling**

Core Curriculum:

- 54 Credit Hours in Bible/Theology Studies
- 30 Credit Hours in General Studies
- 48 Credit Hours of Professional Studies
- 18 Credit Hours of Electives- Total: 150 Credit Hours
- \*This number represents the addition of Licensing.

Course Name	Prefix	Number	Core Curriculum and Credits		
General Studies Courses					
Introduction to Basic Computer	СР	103	General Studies 3 Credit Hours		
General Mathematics	GE MTH	101	General Studies 3 Credit Hours		
Art Appreciation or Music Appreciation	GE ART GE MU	102 101	General Studies 3 Credit Hours		
English Composition I	GE ENG	101	General Studies 3 Credit Hours		
Ancient World History	GE HIS	204	General Studies 3 Credit Hours		
American History	GE	203	General Studies 3 Credit Hours		
Public Speaking	GE SP	303	General Studies 3 Credit Hours		
Creative Writing	LA	403	General Studies 3 Credit Hours		
Christian Psychology/ Created In God's Image	PSY	100	General Studies 3 Credit Hours		
Introduction to Sociology	PSY	205	General Studies 3 Credit Hours		

Students must complete a minimum of 30 hours of general studies courses listed above.

Bible, Theology, and Religious Studies				
The Major Prophets	BI-OT	302	Bible/Theo/Rel 3 Credit Hours	
Life of Christ	BI- NT	302	Bible/Theo/Rel 3 Credit Hours	
Great Doctrines I	TH	301-1	Bible/Theo/Rel 3 Credit Hours	
Great Doctrines II	TH	301-2	Bible/Theo/Rel 3 Credit Hours	
What the Bible Says to the Minister	TH	333	Bible/Theo/Rel 3 Credit Hours	
General Epistles I	BI-NT	403 – 1	Bible/Theo/Rel 3 Credit Hours	
General Epistles II	BI-NT	403 –2	Bible/Theo/Rel 3 Credit Hours	
Old Testament Survey	BI OT	101	Bible/Theo/Rel 3 Credit Hours	

Evangelism	CE	402	Bible/Theo/Rel 3 Credit Hours
Christian Apologetics	TH	400	Bible/Theo/Rel 3 Credit Hours
Christian Ethics	TH	454	Bible/Theo/Rel 3 Credit Hours

Students must complete a minimum of 33 credit hours of Bible, Theo, Rel courses listed above.

Counseling Courses - Professional Studies				
Creation Therapy I	PSY	102-1	Counseling 3 Credit Hours	
Creation Therapy II	PSY	102-2	Counseling 3 Credit Hours	
Basic Christian Counseling	PSY	101	Counseling 3 Credit Hours	
Temperament Therapy	PSY	102	Counseling 3 Credit Hours	
Testing Measurement	PSY	103	Counseling 3 Credit Hours	
Christian Counseling Integrating Temperament and Psychology	PSY	105	Counseling 3 Credit Hours	
Mastering Pastoral Counseling Utilizing Temperament	PSY	106	Counseling 3 Credit Hours	
Temperament Case Studies	PSY	107	Counseling 3 Credit Hours	
Counseling the Codependent	PSY	108	Counseling 3 Credit Hours	
Complete a Practicum	PSY	138	Counseling 3 Credit Hours	
Advance Course Required Elective Below*	PSY		Counseling 3 Credit Hours	
Advance Course Required Elective Below*	PSY		Counseling 3 Credit Hours	
Advance Course Required Elective Below*	PSY		Counseling 3 Credit Hours	
Advance Course Required Elective Below*	PSY		Counseling 3 Credit Hours	
Advance Course Required Elective Below*	PSY	(22)	Counseling 3 Credit Hours	
Advance Course Required Elective Below*	PSY	-	Counseling 3 Credit Hours	

Students must complete a minimum of 48 credit hours of professional studies courses listed above.

	Elect	ive Courses	
Faith	TH	110	Elective Courses 3 Credit Hours
The Total Man	TH	114	Elective Courses 3 Credit Hours
What the Bible Says to the Minister	CE	333	Elective Courses 3 Credit Hours
The New Testament Church	RS	401	Elective Courses 3 Credit Hours
The Effective Church	BM	408	Elective Courses 3 Credit Hours

<sup>\*</sup>These advanced courses are to be recommended by the Director of the Counseling Department according to the specification of the students' licensing certification as listed on pages 58 of this catalog